



Sixth Annual Trooper Manion Memorial 5K & Kids Mile



Saturday, March 22nd 2014

Registration begins at 7am

5 K Race starts at 8am

Kids Mile immediately after 5K



135 N. Loudoun St.
Winchester VA, 22601
(540) 665-8394

- **Location:** Winchester Regional Airport
491 Airport Road Winchester, VA 22602
- **5K Prize money:** Equal for male and female. **Open:** 1st- \$200, 2nd-\$100, 3rd-\$75. **Masters (40+):** 1st-\$50. **Grand Masters (50+):** 1st-\$25. No duplication of awards; must be claimed on race day. Age group awards. Door prizes from local businesses.
- **Registration and packet pickup:**
 - **5K: Register early:** Entry Fee \$20 if postmarked by March 16 and \$25 after that time. SVR members receive \$1 discount. **Mail to:** 5k Race 106 Coopworth Court Stephens City, VA 22655. **Register on race day** from **7am to 7:45am** at the airport. T-shirts available on a first-come basis.
 - **Kids Mile: Register early:** Entry Fee \$10 if postmarked by March 16 and \$15 after that time. **Mail to:** 5k Race 106 Coopworth Court Stephens City, VA 22655. **Register on race day** from **7am to 7:45am** at the airport. T-shirts for will be available on a first-come basis. Open to **children ages 6-12**. Awards will be given to the top two males and females in the following age groups: 6-8, 9-10, 11-12.
- **5K Course:** USATF-certified 5K course (VA-09027-RT) that starts and ends at the **Winchester Regional Airport, plenty of parking and facilities.**
- **Our Beneficiary:** On February 18th 2006, Trooper Kevin Manion was tragically killed in the line of duty. The proceeds from this race will go towards scholarships for local high school students interested in a career in law enforcement, as well as the Frederick County Sheriff's Office Youth Camp.
- **Questions:** Contact race directors **Jared Nail** (540)-431-8511, jnail@fcva.us; **Todd Swartz** (540)-303-9449, tswartzfcso@gmail.com; **Travis Mitchell** (540)-974-1041, tmitchell@fcva.us

****Bicycles, skateboards, strollers, skates, animals and headsets prohibited****

TROOPER MANION MEMORIAL 5K & Kids Mile

Printed Name: _____ Email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ Age as of 03/22/14: _____ Sex: Male Female
 Birthdate: _____ SVR Member? Yes No
 Adult T-shirt Size(circle one): S M L XL Kid's T-shirt Size: S M L

PLEASE READ CAREFULLY BEFORE SIGNING
I know that running a race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by all decisions of the race officials relative to my ability to complete the race safely. I assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of the weather, traffic and the condition of the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race officials, VSPA, SVR, Frederick County, Winchester Regional Airport and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. In addition, I understand that if the race is cancelled by circumstances beyond the control of the organization, my fee will not be refunded.

Signature (Parent/Guardian if under 18) _____ Date: _____ Amt. Pd. _____
Make checks payable to SVR-Manion Memorial 5K