

FREDERICK COUNTY CPMT AGENDA

January 27, 2020
1:00 PM
107 N Kent St
Winchester, VA
1st Floor Conference Room

Agenda

- I. Introductions
 - II. Adoption of Agenda
 - III. Consent Agenda
 - A. Approve December Minutes
 - B. Approve Budget Request Forms
 - IV. Executive Session
 - A. Youth receiving services through FCPS MOA
 - V. Committee Member Announcements
 - A. As Needed
 - VI. CSA Report Jackie Jury
 - A. Financial Report
 - B. CSA Updates
 1. HFW ICC Expansion Grant Update
 - VII. Old Business Jackie Jury
 - A. Strategic Plan Update
 1. UM/UR
 2. CSA Website
 3. Survey
 - B. Families First Prevention Services Integration Model Jackie Jury/Tami Green
 - VIII. New Business Jackie Jury
 - A. CPMT Contracts Discussion
 - B. Trauma Sensitive Care Training
 - C. EPB Regional Learning Collaborative
 - IX. Review Assigned Tasks
 - X. Next Meetings
 - CPMT February 24, 1:00pm, 1st Floor Conference Room- See Memo for future dates
 - Joint CPMT/FAPT March 31, 12:30-1:30pm- MST presentation/discussion
 - XI. Adjourn
- **Instructions for Closed Session:
- Motion to convene in Executive Session pursuant to 2.2-3711(A)(4) and (15), and in accordance with the provisions of 2.2-5210 of the Code of Virginia for proceedings to consider the appropriate provision of services and funding for a particular child or family or both who have been referred to the Family Assessment and Planning Team and the Child & Family Team Meeting process, and whose case is being assessed by this team or reviewed by the Community Management and Policy Team
 - Motion to return to open session-
 - Motion that the Frederick County CPMT certify that to the best of each member's knowledge, (1) only public business matters lawfully exempted from open meeting requirements, and (2) only such public business matters were identified in the motion by which the closed meeting was convened were heard, discussed, or considered in the closed meeting.
 - Roll Call Affirmation
 - Motion to Approve cases discussed in Executive Session

CPMT Meeting Minutes: Monday December 16th, 2019

The Community Policy and Management Team (CPMT) Committee met on December 16, 2019 at 1:00 p.m. in the first-floor conference room at Frederick County Government Offices Administration Building, 107 North Kent Street, Winchester, VA 22601.

The following members were present:

- Dr. Colin M. Greene, Lord Fairfax District Health Department
- Jay Tibbs, Frederick County Government
- Dana Bowman, Children Service of Virginia
- Michele Sandy, Frederick County Public Schools
- Tamara Green, Frederick County DSS
- Mark Gleason, Northwestern Community Services Board

The following members were not present:

- Dawn Robbins, Parent Representative
- Peter Roussos, Court Services Unit

The following non-members were present:

- Jacquelynn Jury, CSA Coordinator
- Brittany Arnold, CSA Account Specialist

Call to Order: Tamara Green called the meeting to order at 1:03pm.

Adoption of December Agenda: Mark Gleason made a motion to adopt the December agenda as amended; Jay Tibbs seconded; CPMT approved.

Consent Agenda: The following items were put in the Consent Agenda for CPMT's approval:

- November 25th CPMT Minutes
- Budget Request Forms – Confidential Under HIPAA.

Adoption of November: Mark Gleason made a motion to approve the November minutes; Jay Tibbs seconded; the CPMT approved.

Adoption of Budget Request Forms: Mark Gleason made a motion to approve the Budget Request Forms; Jay Tibbs seconded; the CPMT approved. Private Provider and Parent Representatives abstain from voting on funding for youth receiving services provided by their respective agency or where there may appear to be a personal financial gain from the provision of services.

Committee Member Announcements:

CSA Report: 2020 Pool Reimbursement: net expenditures were \$1,090,533.40 with a local match of \$442,317.69. November expenditures were \$435,474.21, approximately 13% of the budget. Of the 105-youth served to date, 17 have been in congregate care and 12 in a TFC. The remaining 76 youth have been served in the community.

Non-mandated/Protected Funds Budget: The CSA Coordinator summarized the non-mandated budget stating that \$34,011.00 is allocated annually. For FY20, \$19,479.67 has been spent and \$14,739.50 is currently encumbered.

Special Education Wrap Budget: Frederick County has \$20,905.63 allocated with an additional allocation of \$45,631.63 in SpEd wrap funds. To date, \$39,493.00 has been used and an additional \$85,799.00 is encumbered.

Office Updates:

- High Fidelity WrapAround SOC Grant
 - The current grant year started on October 1, 2019. The goal for the year is 40 cases, the region has 13 cases. Of those, 8 are from Frederick, 2 from Warren, 2 from Winchester City, and 1 from Clarke. The CSA Coordinator reported that 2 more are to be referred soon.

Old Business:

- Strategic Plan Update- Goals
 - Utilization Review Improvement

Key Tasks/Activities	Target Date	Status
Seek feedback from other localities (lessons learned)	4/30/2020	Not started
Determine population/services to be included	6/30/2020	
Develop Job Description/Provider Expectations	8/31/2020	
Determine RFP vs MOU	10/31/2020	
Develop RFP or MOU	12/31/2020	
Contact providers for svcs/contracting	1/31/2021	
Contract/MOU with provider	5/31/2021	
Roll out	7/1/2021	

- Establish User-Friendly FCCSA Website

Key Tasks/Activities	Target Dates	Status
Create Web Page Layout	8/31/2019	Completed
Add/Update Page Content	9/30/2019	Completed
Create CM Access	11/30/2019	In progress
Website Testing	12/31/2019	In progress

Roll out	1/1/2020	
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-Brittany and Andrew completed the design for individual portals.

-Portal 1: Case managers- to include buttons with links to the vendor rates, CSA policies, and CSA documents. CSA documents will be set up in a table, one column will be the document itself and the other column will be a description

-Portal 2: Parents- a CSA bio page and information about CSA and forms for parents/ other public knowledge docs

-Portal 3: FAPT/CPMT- calendars for both and folder for CPMT minutes

-Portal 4: OCS website- links to state website

-Andrew has also completed all the CSA forms to make them fillable which have been uploaded to the test site.

-He also trained Brittany on how to add case managers and to give them access to the CM Portal

- Measure Program and Quality of Services

Key Tasks/Activities	Target Dates	Status
Obtain feedback from other localities that survey families	8/31/2019	Collaborating Regionally to develop and create.
Determine population to survey	10/31/2019	
Determine format (smartphone app vs paper vs online survey)	1/31/2020	
Create Survey	3/31/2020	
Test Survey	5/31/2020	
Roll out	7/1/2020	

- Families First Prevention Services Integration Model

- In November, CPMT discussed the need for a policy and procedure to address the FFPSA roll out. Guidance was provided to localities outlining what processes might look like in models of no integration to high integration levels. CPMT requested more data regarding the number of potential cases that could impact workflow. The CSA Coordinator provided a summary of the FFPSA along with estimates of possible caseload.
- CPMT requested for the CSA office to research how a higher integration model would work for Frederick County, as the DSS Director is now leaning towards a higher integration model due to the systems already in place and manpower needed to create the infrastructure that CSA currently uses.

New Business:

- Emergency Funding Policy

- Tami has requested the review of the Emergency Funding Policy to determine if any changes are necessary to address reported waitlists. A brief survey of local providers

- found extensive waitlists for psychiatric services; however, outpatient therapy and substance abuse services were not identified as having significant waitlists.
- Mark Gleason brought to the team's attention that current Emergency Funding Policy is written to approve services that are deemed necessary in the event of a crisis or emergency and that certain services (i.e. outpatient therapy) would not be an effective service used in an emergency.
 - FCPS Memorandum of Agreement
 - A student at Grafton requires a 1:1 as identified in his IEP. Grafton is currently unable to provide the service. In order to provide for FAPE, FCPS has agreed to utilize an employee from their current substitute list to provide this service.
 - Mark Gleason made a motion to approve the drafted MOA; Jay Tibbs seconded; CPMT approved.

Review Assigned Tasks:

- The CSA Coordinator will make a date for a regional discussion of surveys.
- The CSA Coordinator will research how the high integration model would affect CSA hours/workflow.

Next Meeting: The next CPMT meeting is Monday, January 27th, 2020 at 1:00 p.m. in the First Floor Conference Room in the Frederick County Government Offices Administration Building. Joint FAPT/CPMT meeting will be held Tuesday, March 31st, 2020 in the CSA conference room on the 2nd Floor of the County Administration building from 1pm-2pm.

Adjournment: Jay Tibbs made a motion to adjourn; Michele Sandy seconded; the CPMT approved. The meeting was adjourned at 2:01pm.

Minutes Completed By: Brittany Brewer



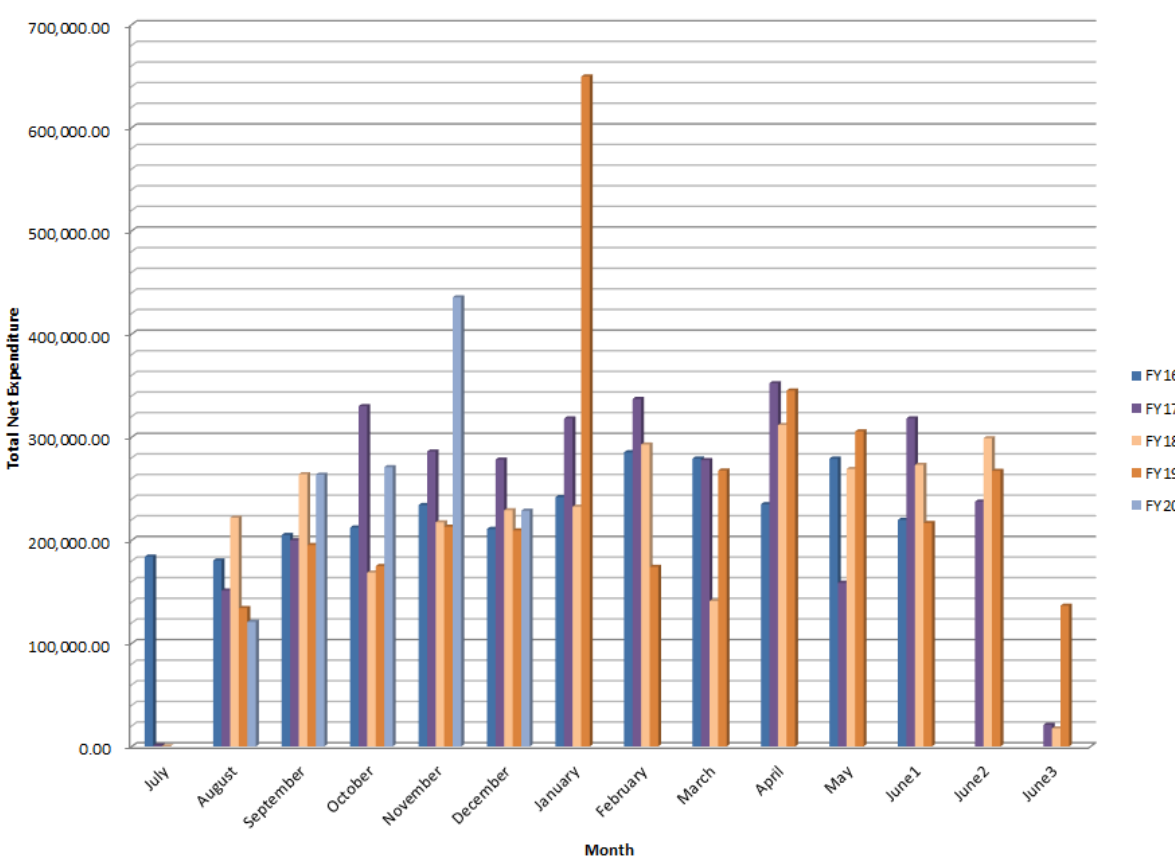
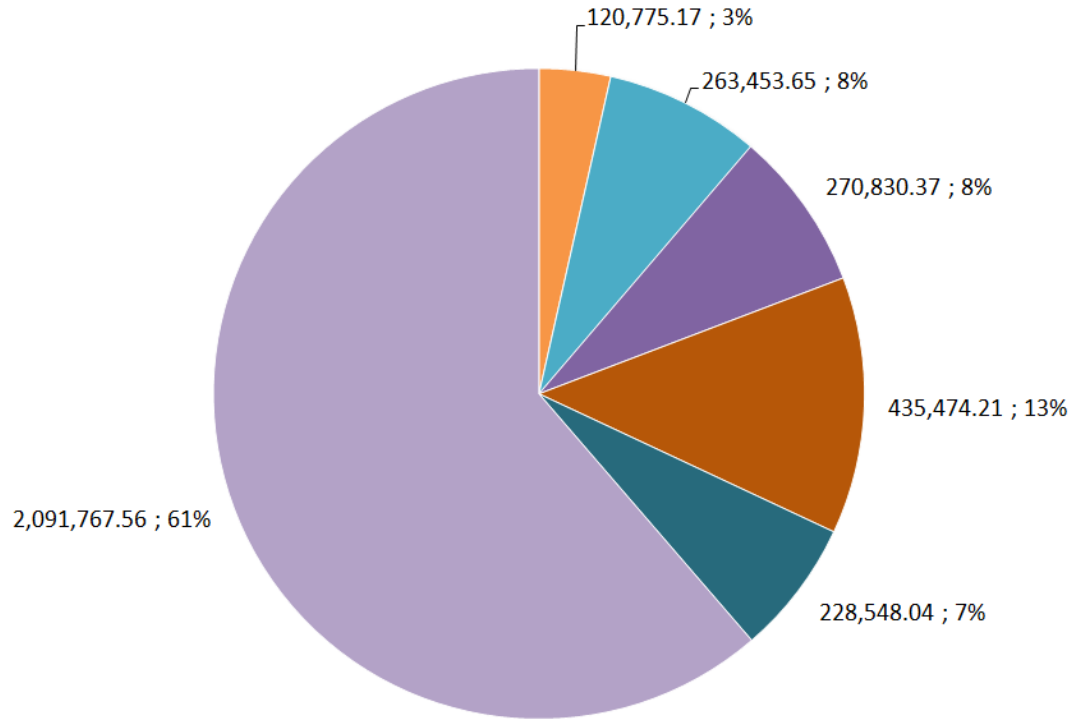
Frederick County CSA Financial Update: December 2019

of Reports Submitted: 5

YTD Total Net Spent with Wrap: \$1,319,081.44

YTD Local Net: \$529,971.73

% Used of Total Allocation



Balances

Total w/o Wrap: \$2,091,767.56

Non-Mandated: \$10,011.33

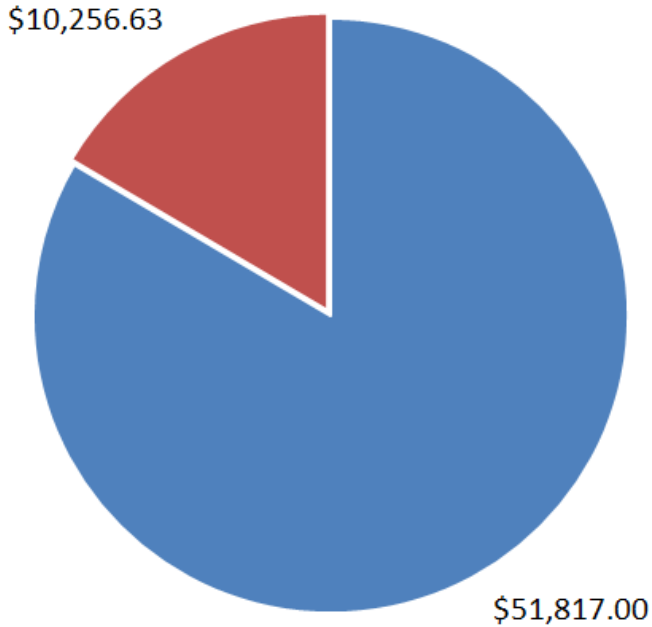
SpEd Wrap: \$10,256.63

HFW Wrap Expansion Grant
Updates:

Grant Year 4:

- 15 of 40 Required Referrals
- 9 from Frederick, 2 from Warren, 3 from Winchester, & 1 from Clarke

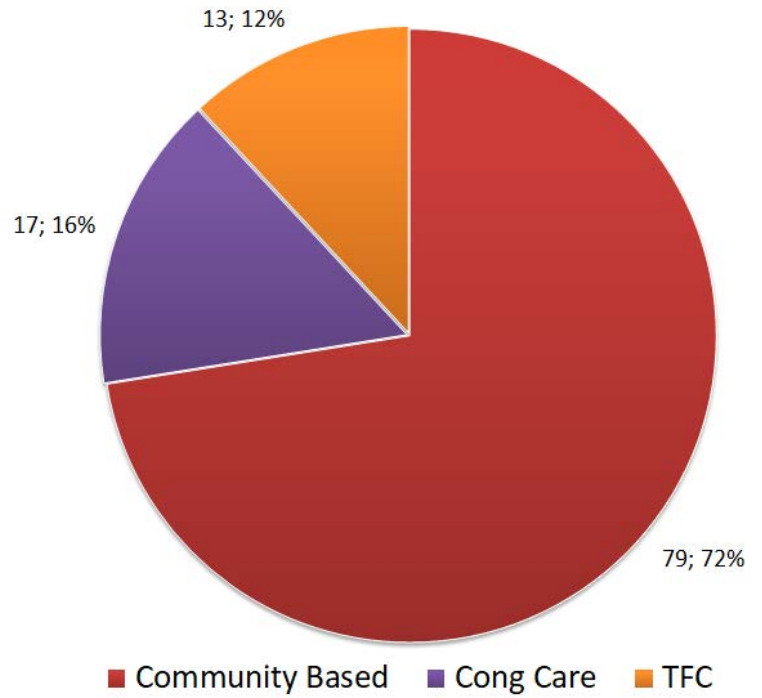
SpEd Wrap Used



SpEd Wrap Encumbered:
\$96,695.00

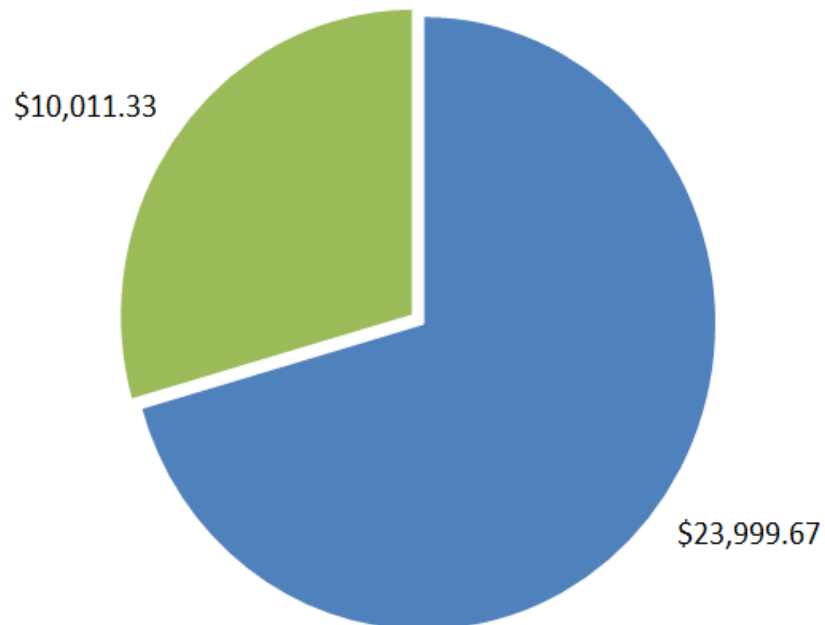
NonMandated Encumbered:
\$5,555.50

Placement Environment



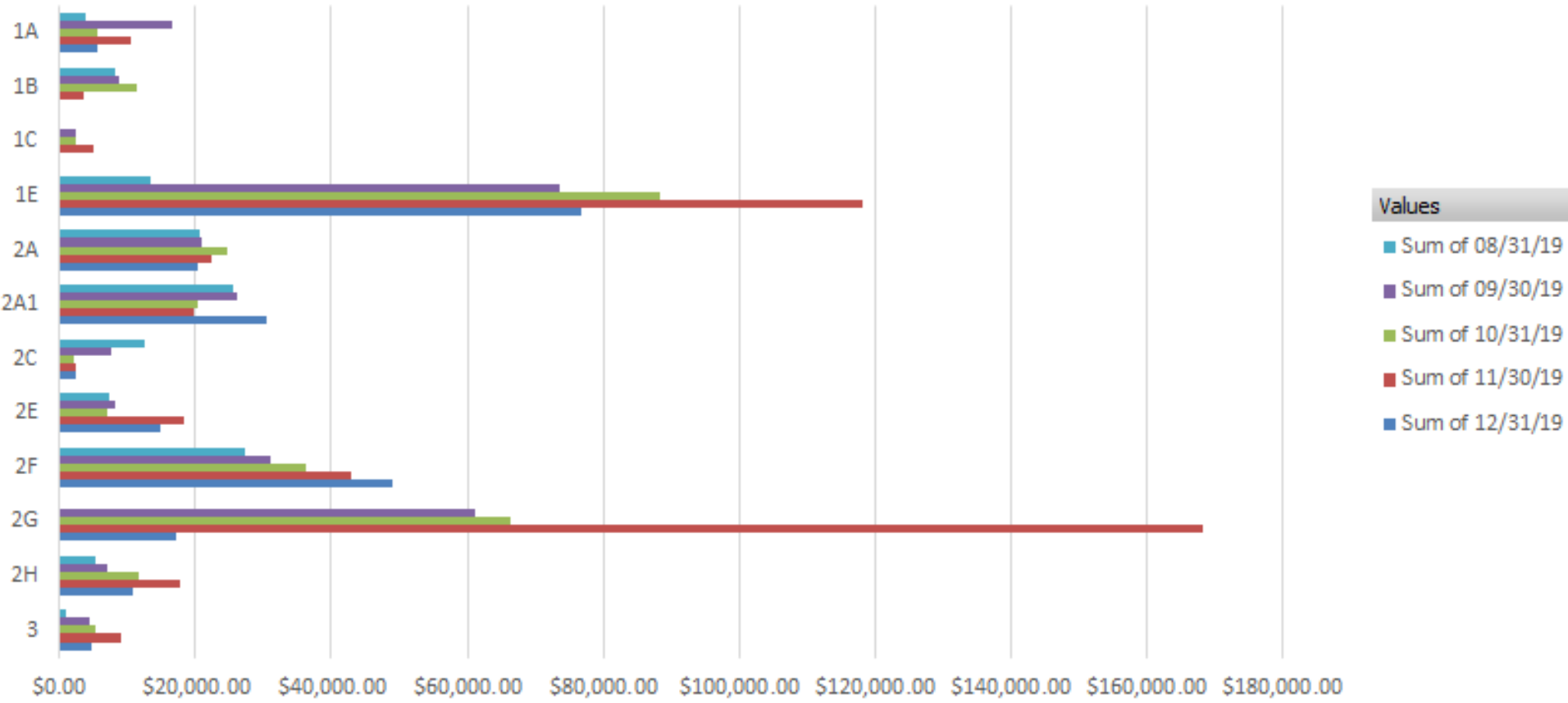
Unduplicated Child Count
Served to Date: 109

NonMandated (Protected) Used



Monthly Spending by Primary Mandate Type

PMT ▼



Primary Mandate Types (PMT):

1A- IV-E Congregate Care
 1B- Non IV-E Congregate Care
 1C- Parental Agreement Congregate Care
 *PMTs from 1A-1C do not include Daily Education payment of congregate care placements

1E- Residential Education
 *Includes all services for RTC IEP and Education only for all other RTC placements

2A- IV-E Treatment Foster Home
 2A1- Non IV-E Treatment Foster Home
 2A2- Parental Agreement Treatment Foster Home
 2C- IV-E Community Based Services
 *Only for youth placed in CFW Foster Homes

2E- Maintenance and Other Services
 *Only Basic Maintenance and Daycare for youth in Foster Care

2F- Non IV-E Community Based Services
 *Includes Daycare for youth not in Foster Care or IV-E CBS for youth placed in TFC or Cong Care

3- Protected Funds
 *NonMandated

Intensive Care Coordination Target = 75%

Locality Statewide



100%

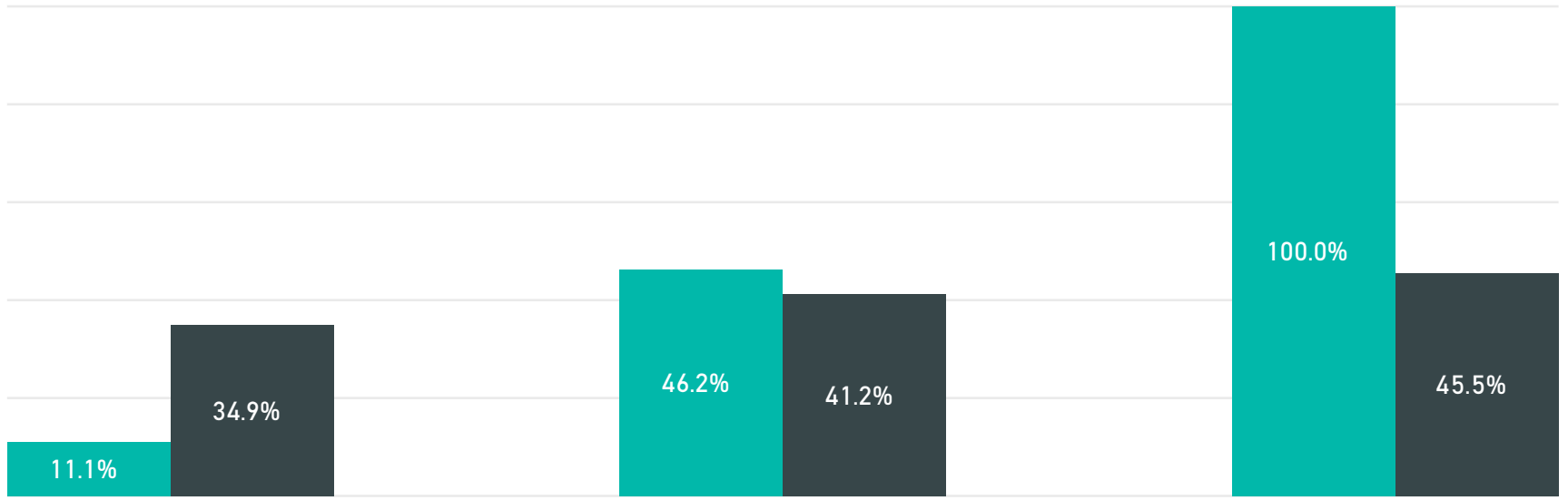
80%

60%

40%

20%

0%



2017

2018

2019

Community-based Services

Locality Statewide



100%

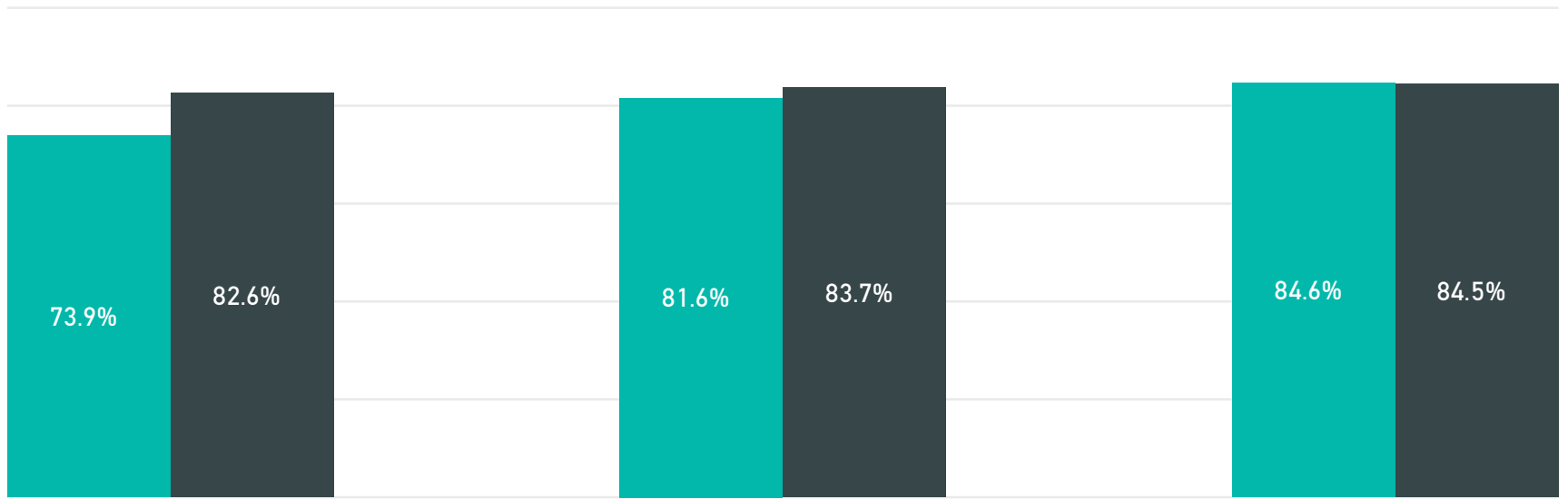
80%

60%

40%

20%

0%



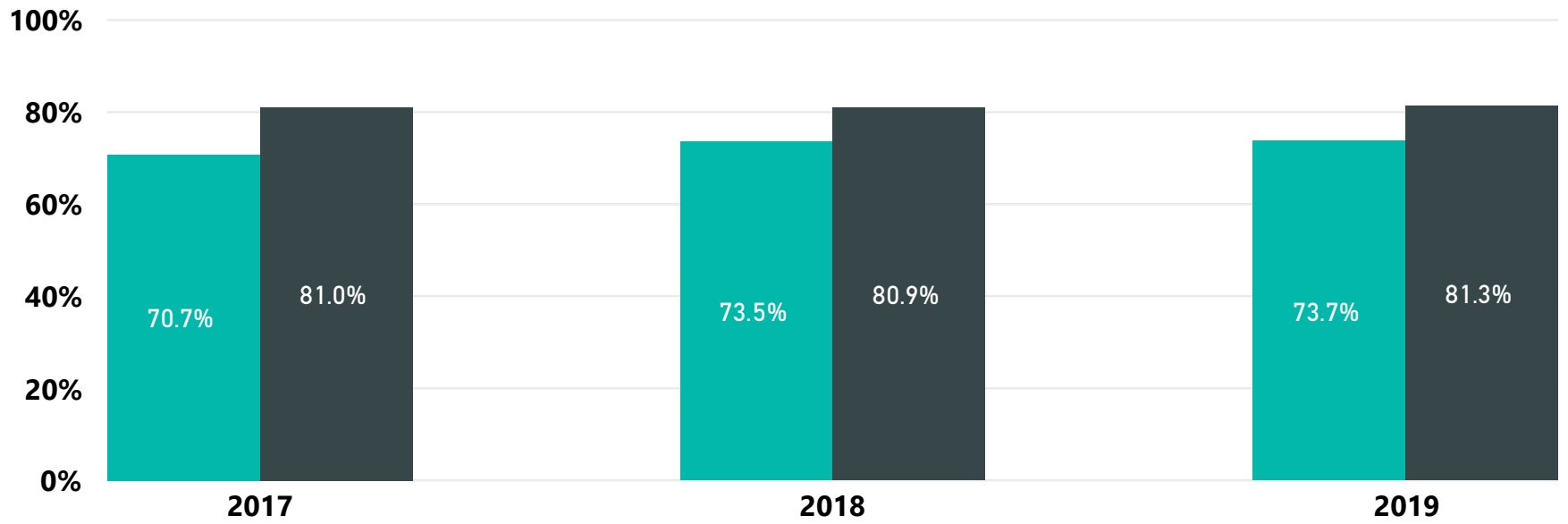
2017

2018

2019

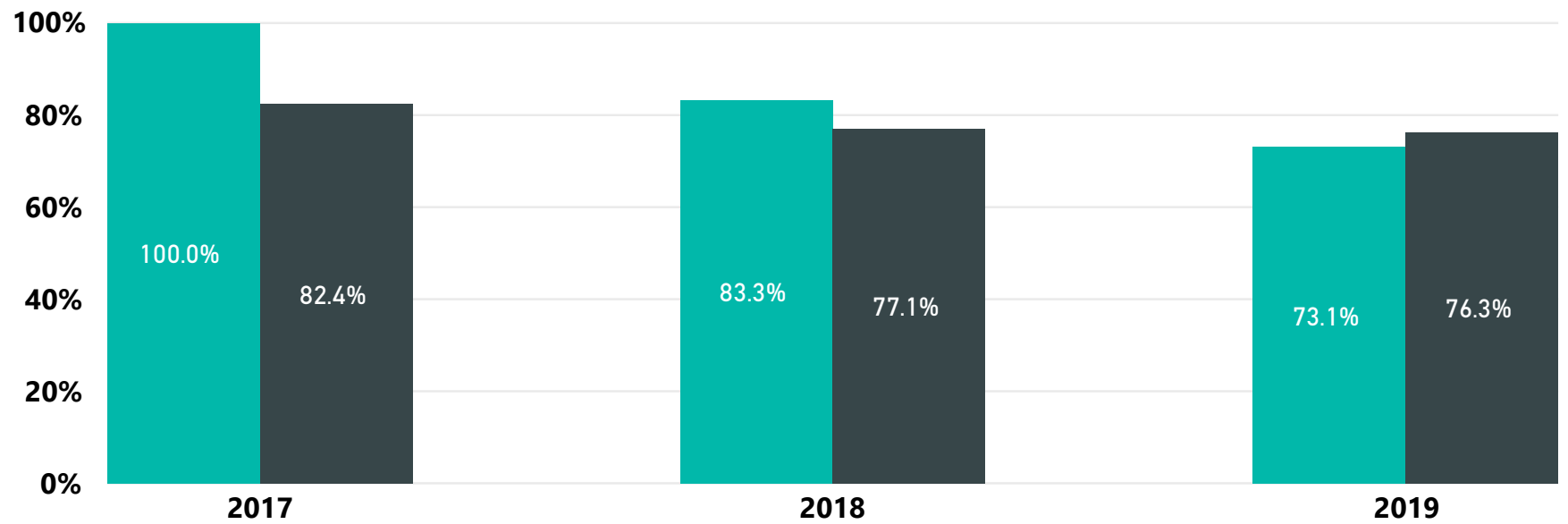
Family-Based Foster Care Target = 85%

● Locality ● Statewide

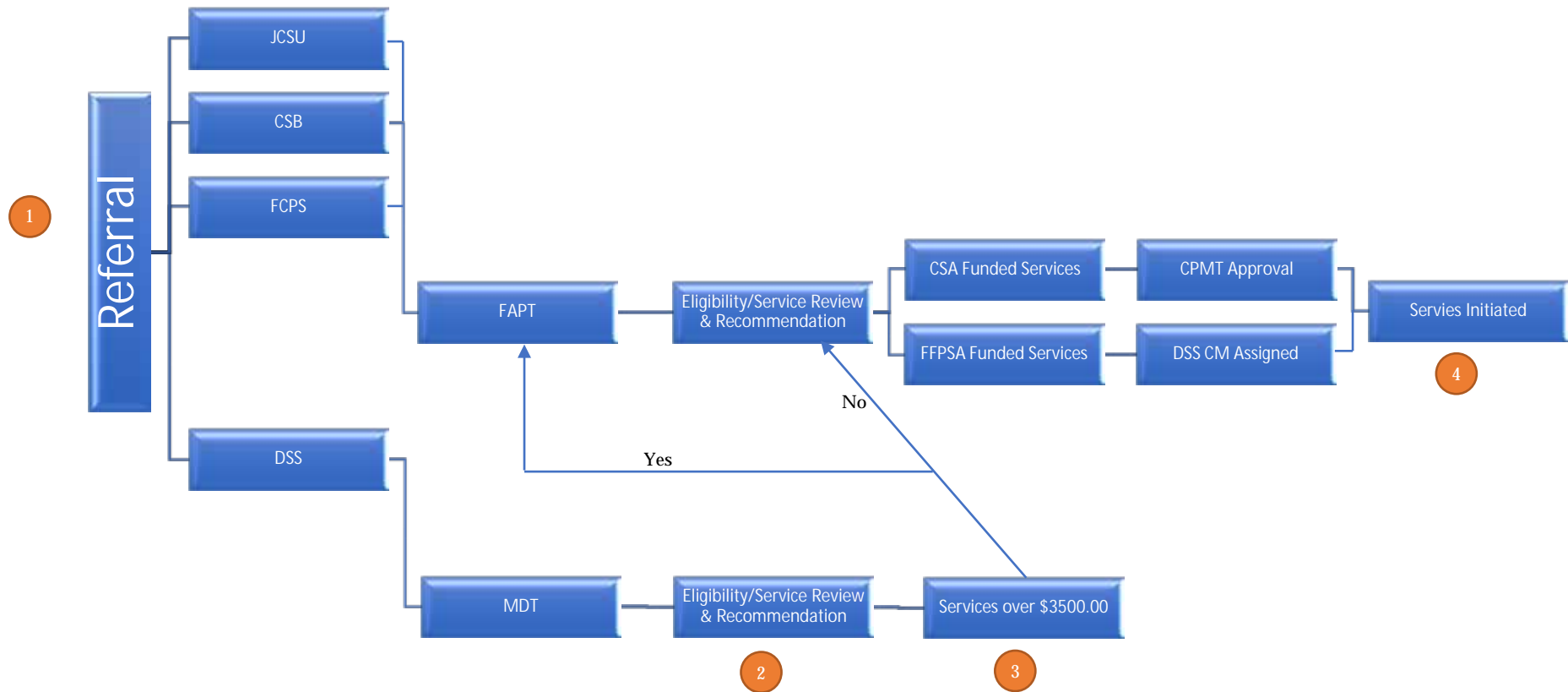


Exits To Permanency Target = 86%

● Locality ● Statewide



Proposed Moderate to High CSA/FFPSA Integration Model



CONSIDERATIONS

1. FFPSA guidelines- FFPSA only funds require review within 30 days. Review for CSA funds uses existing policy- cases scheduled within 4 weeks, unless otherwise agreed to by case manager. Reviews/UR required for FFPSA every 90 days, which aligns with current CPMT policy. Policy allows for use of MDTs.
2. High Integration encourages CSA to accept VDSS Prevention Plan format as IFSP to simplify paperwork. VDSS & CSA working to develop a plan that meets both requirements. Collection of additional data points unknown. Local policy to determine alignment of reviews/CANS reviews.
3. CPMT would develop policy on whether FFPSA only or combined funds need to be reviewed by FAPT prior to approval/initiation of services. Currently CPMT policy to review funds over \$3500.00/month.
4. LDSS can initiate services prior to CPMT funding approval if local policy allows. No copayments for FFPSA services. VDSS continues to discuss vendor contracting, invoicing, and payment process.

Notes: VDSS anticipates guidance to be completed in April. CSA won't be able to finalize integration and policy/procedure until that is available.

Family First Prevention Services Act Frederick County, VA- Summary

PURPOSE:

The Family First Prevention Services Act was signed in as part of Title IV-E of the Social Security Act in October 2018. This legislation expands access to federal funding to eligible youth for the provision of mental health/substance abuse services, regardless of entry into foster care or family household income. Services are meant to prevent youth from entering foster care and prevent disruption of adopted youth.

ELIGIBILITY:

- Meets definition of "child" (as defined in section 475(8) of the Act).
 - the term "child" means an individual who has not attained 18 years of age
- Meets definition of "candidate for foster care" (as defined in section 473(13) of the Act).
 - "a child who is identified in a title IV-E prevention plan as being at imminent risk of entering foster care (without regard to whether the child would be eligible for title IV-E foster care maintenance payments, title IV-E adoption assistance or title IV-E kinship guardianship assistance payments), but who can remain safely in the child's home or in a kinship placement as long as the title IV-E prevention services that are necessary to prevent the entry of the child into foster care are provided. A "child who is a candidate for foster care" includes a child whose adoption or guardianship arrangement is at risk of a disruption or dissolution that would result in a foster care placement".
 - § "Imminent Risk" is not further defined by US DHHS.
- Pregnant or parenting youth in foster care
- Parents or kin caregivers where services are needed to prevent the youth from entering foster care

REQUIREMENTS:

Eligible youth must have a DSS written prevention plan which include required components

ELIGIBLE SERVICES:

- Mental Health prevention and treatment
- Substance Abuse prevention and treatment
- In-home parent skill based training

Services must be directly related to the safety, permanence, or wellbeing of the child or preventing the child from coming into foster care.

Services must be provided using a trauma informed or trauma based approach (SAMHSA Guidance).

Services must be approved by the Title IV-E Prevention Services Clearinghouse and rated be as promising, supported, or well-supported. Approved services can be found on the website <https://preventionservices.abtsites.com/program>.

The provision of services is time limited and may be provided for up to 12 months (with exceptions) from the date the Commonwealth either identifies the youth as a meeting imminent risk or is pregnant or parenting foster youth in need of those services.

ESTIMATED IMPACT:

DSS FC	42
DSS Non FC	28
FCPS	8
JCSU	1
CSB	4

Approximate time spent on cases*:

- Initial Assessment: 4-6 hours per client
- Ongoing case management: 10-20 hours per week per client

*Time based on CPS estimated average to complete current CPS administrative tasks. Specific FFPSA requirements are still unknown at this time.



Frederick County Public Schools

Curriculum and Instruction

TO: School Administrators
Director of Elementary Instruction
Director of Secondary Instruction
Director of Special Services
Director of Student Support Services

FROM: Division Improvement Team

SUBJECT: Trauma Sensitive Care Training

DATE: November 19, 2019

We are fortunate to be able to share that we have been afforded the opportunity to offer training related to trauma sensitive care through our VTSS supports. The training will be March 17-18, 2020, in the Corron Center at Lord Fairfax Community College. The times for the sessions will be 9:00 a.m.-4:00 p.m., with lunch provided.

In an effort to include community in developing awareness of the impact of trauma on students and how we are working to address this, we have elected to include various community groups and individuals in our training. The goal is to have community representatives seated with school teams to be able to discuss and share ideas and ways the community and our division can work together to address this critical issue.

Please go to the [Trauma Sensitive Training Sign-Up](#) document to identify the staff members who will be attending from your school. Note that specific staff positions have been earmarked to attend. There is also an "others" column for you to enter names of additional staff members that you would like to include. Once we have a clear idea of the number of additional staff that schools would like to include, we will let you know if their attendance is possible. Space, substitute availability and funding to support additional attendees will play a role in that decision. The department and community section will be completed by previously identified central office staff

Please have your staff register in PD Express by January 10, 2020. Those positions that have been specifically identified can register as soon as you identify them. The individuals you identify in the "others" column should not register until they have been approved based upon numbers.

cc: Dr. David Sovine
Cheryl Anderson
Cindy Sousa
Barb Garlitz

Evidence-Based Practice in Virginia:

Are you ready to turn data into wisdom?



As we prepare to move into the next decade, Virginia's child and family serving systems are undergoing dramatic change. Do these phrases ring a bell?

- The Family First Prevention Services Act
- Behavioral Health Redesign
- Juvenile Justice Transformation
- Virginia Tiered Systems of Support
- High Fidelity Wraparound
- System Transformation Excellence and Performance (**STEP-VA**)

Embracing schools, social services, juvenile justice, behavioral health and CSA systems, all of these initiatives involve the identification and installation of evidence-based practices (EBP) – a wide set of interventions that have established effectiveness in improving outcomes for children, families, and communities.

Becoming a more evidence-based system doesn't "just happen" and will require extensive partnerships and lots of work. If you ever look into the heart of "collaboration" you'll find the word "labor." In the public sector, state agencies and local partners will need to learn together and work together to realize the potential benefits of these changes and to assure they are installed with sensitivity to local and individual youth and family needs.

In recognition of this, representatives of the Commonwealth's child-serving agencies and their local partners (Children's Services Act, Education, Social Services, Juvenile Justice, Behavioral Health and Developmental Services, Medical Assistance Services (Medicaid)) are planning a series of **FREE** Regional EBP Learning Collaboratives facilitated by the National Implementation Research Network. The purpose of these events is:

To bring together local teams in the children's services system(s) to build leadership capacity, learn about evidence-based practices (EBP), current Virginia EBP initiatives, and to begin/continue local level planning for successful EBP implementation and sustainability.

These events will not focus on specific EBPs, but about getting ready to think about and implement a variety of new practices with youth and families at the locality level.

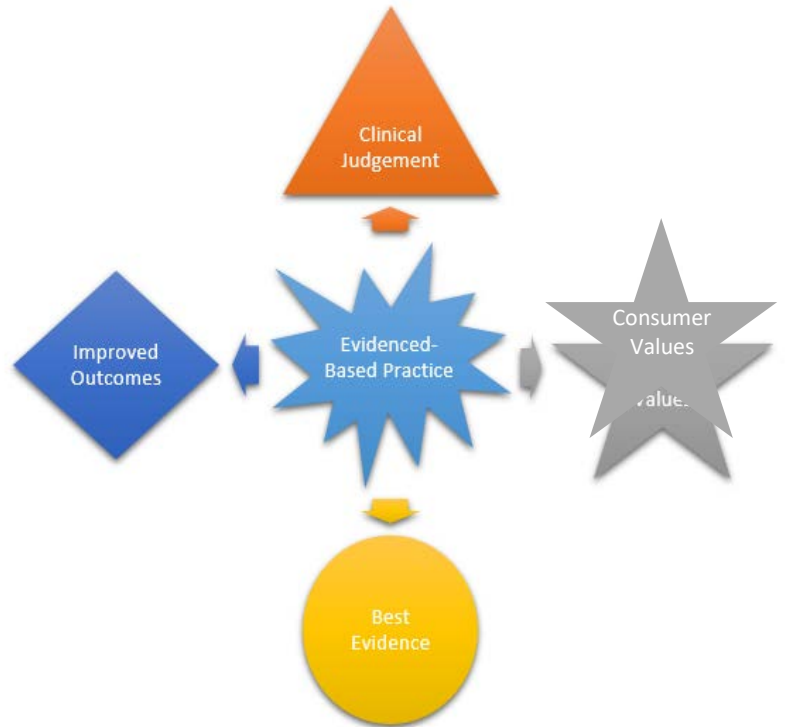
Localities, or if more practical and appropriate, regional teams of representatives from the child-serving systems (think about for example, the agencies on your CSA teams or who might be a local "agent of change") are invited to come together for a day of learning, self-reflection, team building, and planning to enhance your local/regional readiness for the adoption, implementation and long-term sustainability of the new and excited approaches.



Locality teams would include a single jurisdiction and are most appropriate for larger jurisdictions where agencies only “cover” that locality (e.g., the CSB and the CSU serve only that locality). Regional teams might be most appropriate for a group of smaller or more rural localities, those where the CSU and the CSB are multi-jurisdictional, or regions where several smaller localities might work with a larger locality in a collaborative approach. Regional teams need not adhere to traditional regional boundaries such as planning districts, DSS region, etc., but rather, should reflect the reality of services on the ground. It may be, for example, that a jurisdiction in one planning district/CSB catchment area is actually closer to and have a history of access to a different jurisdiction/district for the types of services and service providers most relevant to their population.

This free training is open to all localities and will take place in April 2020 in a variety of locations throughout the Commonwealth:

- Northern Virginia – April 15
- Richmond – April 16
- Abingdon – April 23
- Lynchburg – April 24
- Tidewater – April 30



Local or regional teams should identify their team members and submit the application no later than February 14, 2020. Local/regional teams will receive confirmation of attendance on or before March 13, 2020.

This is a FREE Regional EBP Learning Collaborative facilitated by the National Implementation Research Network!

